
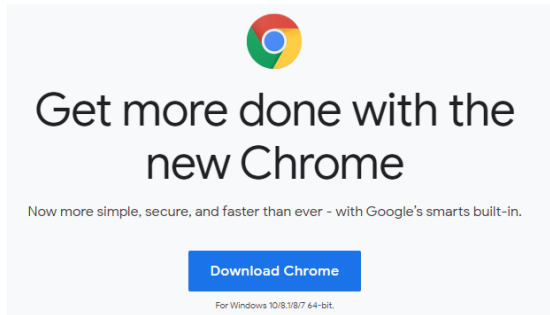
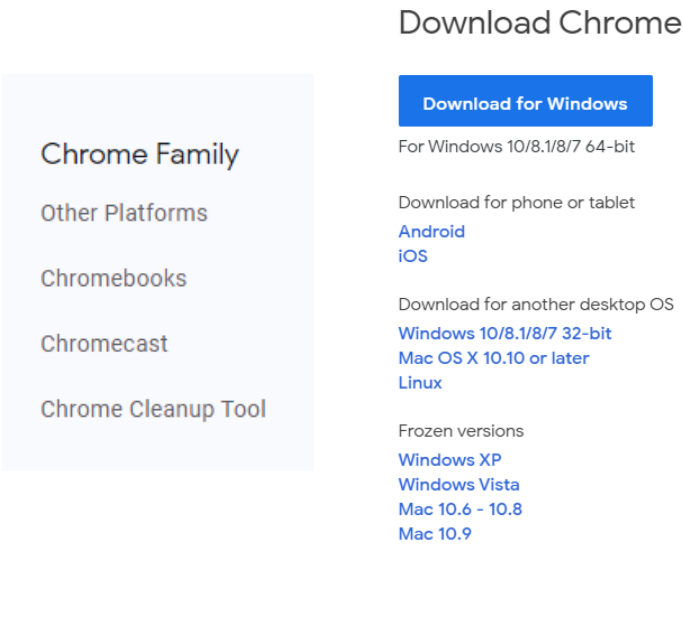


Guidance for downloading Google Chrome

Please find instructions below to help you download Google Chrome. There are two separate sets of instructions depending on whether you are using a laptop/computer or a tablet/mobile phone. If you require any assistance, we are contactable via email (enutri@reading.ac.uk) and phone on 07971658745.

STEPS FOR DOWNLOADING GOOGLE CHROME ON A COMPUTER/LAPTOP		
<p>To download Google Chrome  for free onto your laptop/PC, click here: https://www.google.com/chrome/. If you are asked whether you would like to make Google Chrome your default web browser then please say YES. This means that when you click on the study links, they will open in Google Chrome rather than your regular, unsupported web browser. If you wish to change this back after the study, please let us know if you require assistance to do so.</p>		
<p>For a 64-bit Windows device</p>	<p>Simply click on the button DOWNLOAD CHROME (see below for guidelines on checking which type of device you have).</p>	
<p>For a 32-bit device or Mac</p>	<p>Scroll to the bottom left of the screen where you will find a list under CHROME FAMILY (see left image). Click on OTHER PLATFORMS and a box appears with different options (see right image). Choose the option that best matches your PC/laptop.</p>	
<p>If you have a Windows device, to find out whether you have a 32 or 64-bit system, click on the Windows button (bottom left of your tool bar) and open documents (see below). Right click on This PC or Computer (depending on your version of Windows) and select PROPERTIES. Look for either 32-bit or 64-bit in System type.</p>		

Windows 10

Older Windows devices

System

Processor: Intel(R) Core(TM) i5-6200U CPU @ 2.30GHz 2.40 GHz

Installed memory (RAM): 8.00 GB

System type: 64-bit Operating System, x64-based processor

STEPS FOR DOWNLOADING GOOGLE CHROME ON A TABLET/PHONE

STEP 1: First locate your devices app store.

On Apple devices this is called 'App Store' and looks like this:



On most android devices (e.g. Samsung and Google), this is called 'Google Play Store' and looks like this:



Alternatively, your device may have its own app store (e.g. Huawei).

STEP 2: Search for 'Google Chrome' in the app store and download it.

